



Institute of Holistic Mental Health



www.ihmh.in - www.psychologyonline.in - www.imh.in (since 2006)

Masters course is not available at IHMH.

Please consider joining one-year professional course in Counselling Psychology. Details as below.

Course No & Name: **87. Post Graduate Diploma in Counselling Psychology**

"Imparting knowledge in different counselling therapies, scientific background, skills, and personal disposition to promote mental health and holistic wellness."

Credits – 24	Duration – 12 months	Assessment based on coursework submitted after each module. No Exams.		
Expert Guide Assistance – Available	Work Load – 2 – 4 hrs / fortnight	What you will learn? – In depth knowledge about therapeutics used in counselling		
About the Course	About the Instructor(s)	Course Format	Course Syllabus	Course Objectives
Course Fee	Important Dates	Learning Kit	Trainer's Support	Technical Requirements
Recommended Background	Course Additional Details	Statement of Accomplishment	Contact to register	FAQ's

About the Course

To become a counselling psychologist, one basically needs a broad knowledge of the theoretical basis of techniques & available therapies. Massive knowledge is developed largely through the core curriculum that includes topics covering various widely practiced therapies such as cognitive behavioural therapy, play therapy, psychotherapy, art therapy, etc. The core curriculum offers a conceptual foundation of research and developmental of skills in assessment & intervention.

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About the Instructor(s)

Trainers from Center for Webinars, IHMH

Course Format

- Trainer assisted learning
- Twenty-Four Credits
- Twelve Months
- Learning Materials for each module
- Pre and Post Assignment for each modules
- 24 X 7 Email/ Chat assistance
- Additional reference materials for a great learning experience

- No exams – you will be assessed entirely on your coursework.

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Course Objectives

- In-depth understanding about counselling psychology theories
- Updated knowledge on Counselling Psychology Practices
- Practical work knowledge about various therapies
- Session handling expertise
- Therapy Expertise with scientific backgrounds
- Expertise to strengthen your professional practice.

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Course Fee

Category	Participants from India (in Indian Rupee)	Participants from Rest of the world (in United States Dollars)
Member of Psykology.in	Rs. 11,300/-	240US\$
Non – Members	Rs. 12,800/-	280US\$

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Important Dates

- Participant Capacity is Limited to 10 per batch. Registration will close on completion of 10 registrations.
- Course intake is scheduled during Jan/ Feb, June/July and Oct/ Nov of every year for Indian students.
- Course intake is scheduled during April/ May and August/ September of every year for International students.
- Self-Paced Courses can be started at any point of the year and can be completed as per the student's convenience. To know whether this course can be done through self-paced mode, contact us at info@psychologyonline.in
- For course details and commencement dates [Text or Wats App](#) the Course No and Your Email ID to 0091 979 00 88 00 2 or email us at info@ihmh.in / psy.courses@gmail.com, for example, 088 SPACE xyz@gmail.com to 09790088002

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Learning Kit

