



Institute of Holistic Mental Health



www.ihmh.in - www.psychologyonline.in - www.imh.in (since 2006)

Masters course is not available at IHMH. Please consider joining one-year professional course in Psychology. Details as below.

Course No & Name: **103. Post Graduate Diploma in Psychology**

“Understanding the basic principles of psychology and the theories behind human thinking and behavior”

Credits – 24	Duration – 12 months	Assessment based on coursework submitted after each module. No Exams.		
Expert Guide Assistance – Available	Work Load – 2 – 4 hrs / fortnight	What you will learn? –Theoretical Background, Concepts and Applications.		
About the Course	About the Instructor(s)	Course Format	Course Syllabus	Course Objectives
Course Fee	Important Dates	Learning Kit	Trainer’s Support	Technical Requirements
Recommended Background	Course Additional Details	Statement of Accomplishment	Contact to register	FAQ’s

About the Course

Besides providing you with a broad overview of the subject of psychology, this course equips you with knowledge of psychological models, theories & methodologies. You will acquire the required expertise in any area of psychology of your choice (subject to availability). The course presents the different aspects of psychology as an art and science and how it is applied to understand human behaviour as well as for the prevention, diagnosis, & treatment of various mental and emotional problems.

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About the Instructor(s)

Trainers from Center for Webinars, IHMH

Course Format

- Trainer assisted learning
- Twenty-Four Credits
- Twelve Months
- Learning Materials for each module
- Pre and Post Assignment for each modules

- 24 X 7 Email/ Chat assistance
- Additional reference materials for a great learning experience
- No exams – you will be assessed entirely on your coursework.

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Course Objectives

- In-depth understanding about various Psychology domains
- Updated knowledge on current Psychology Practices
- Understanding about various professional branches of psychology
- A values-based curriculum that focuses on personal, as well as professional growth
- Expertise to strengthen your professional practice

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Course Fee

Category	Participants from India (in Indian Rupee)	Participants from Rest of the world (in United States Dollars)
Member of Psykolody.in	Rs. 11,300/-	240US\$
Non – Members	Rs. 12,800/-	280US\$

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Important Dates

- Participant Capacity is Limited to 10 per batch. Registration will close on completion of 10 registrations.
- Course intake is scheduled during Jan/ Feb, June/July and Oct/ Nov of every year for Indian students.
- Course intake is scheduled during April/ May and August/ September of every year for International students.
- Self-Paced Courses can be started at any point of the year and can be completed as per the student’s convenience. To know whether this course can be done through self-paced mode, contact us at info@psychologyonline.in
- For course details and commencement dates [Text or Wats App](#) the Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in, for example, 088 SPACE xyz@gmail.com to 0979 00 88 00 2

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Learning Kit

- Complete Manual for each module
- E-books wherever required
- Charts and other learning aids (as required)
- Cases and Vignettes for better practice

- Videos (as required)
- 24 X 7 Guide support through email

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Trainer's Support

- 24 X 7 Guide support through email
- Audio and video support as and when required
- Flexible timings as per students' needs
- Home based activity at the end of each session for practical learning
- Additional reference documents (on request)
- Sessions through Skype for discussion and clarification (on request)
- Additional support through chat during the course period
- Career support after course completion

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Course Syllabus

Total 24 Credits

Study Time – 15 days per credit

Main Modules – 9 Credits

PYPY2301 -	Psychology	3 Credits
PYPY2302 -	Abnormal Psychology	3 Credits
PSYC0100 -	Pragmatism and Dissertation	3 Credits

Optional Modules – Select 15 Credits (not more than nine modules)

Module	Credits	Module	Credits
PYPY2303 - Developmental Psychology	2	PYPY2311 - Positive psychology	2
PYPY2304 - Counselling psychology	2	PYPY2312 - Cognitive Psychology	2
PYPY2305 - Health psychology	2	PYPY2313 - Sports Psychology	2
PYPY2306 - School Psychology	2	PYPY2314 - Mental health	2
PYPY2307 - Theories of Personality	1	PYPY2315 - Industrial Psychology	2

