



Institute of Holistic Mental Health



www.ihmh.in - www.psychologyonline.in - www.imh.in (since 2006)

Course No & Name: **091. Post Graduate Diploma in Industrial Psychology**

“study of mental health at the workplace environment, organizations, and their employees”

The course structure has changed from 2017 matching the requirements of international standards of assessment and credit marking. The website is getting updated, for now please refer this document for the currently available course structure.

Credits – 24	Duration – 12 months	Assessment based on coursework submitted after each module. No Exams.		
Expert Guide Assistance – Available	Work Load – 2 – 4 hrs / fortnight	What you will learn? –Theoretical Background, Concepts and Applications.		
About the Course	About the Instructor(s)	Course Format	Course Syllabus	Course Objectives
Course Fee	Important Dates	Learning Kit	Trainer’s Support	Technical Requirements
Recommended Background	Course Additional Details	Statement of Accomplishment	Contact to register	FAQ’s

About the Course

This course on Industrial Psychology is all about the application of the various psychological principles to organizations. Key areas of emphasis include selection & training of employees; applied theories of organizational behaviour that includes models of motivation, productivity and job satisfaction; test theory & construction; experimental design; assessment centre technology; and a variety of modern topics. This program aims at helping students study the behaviour of individuals in organizations and businesses which in turn assists them to determine ways to improve the organization’s performance and productivity.

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About the Instructor(s)

Trainers from Center for Webinars, IHMH

Course Format

- Trainer assisted learning
- Twenty-Four Credits
- Twelve Months
- Learning Materials for each module
- Pre and Post Assignment for each modules
- 24 X 7 Email/ Chat assistance
- Additional reference materials for a great learning experience
- No exams – you will be assessed entirely on your coursework.

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Course Objectives

- In-depth understanding about Industrial and Organisational Psychology domains
- Updated knowledge on Industrial Psychology Current Practices
- Practical work knowledge about recruiting, training and guiding work force
- Expertise to create, implement, and manage employee and leadership development programs
- Expertise to address complex issues such as workplace diversity and anti-discrimination policies
- Expertise to analyse the effectiveness of workplace programs

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Course Fee

Category	Participants from India (in Indian Rupee)	Participants from Rest of the world (in United States Dollars)
Member of Psykology.in	Rs. 11,300/-	240US\$
Non – Members	Rs. 12,800/-	280US\$

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Important Dates

- Participant Capacity is Limited to 10 per batch. Registration will close on completion of 10 registrations.
- Course intake is scheduled during Jan/ Feb, June/July and Oct/ Nov of every year for Indian students.
- Course intake is scheduled during April/ May and August/ September of every year for International students.
- Self-Paced Courses can be started at any point of the year and can be completed as per the student's convenience. To know

whether this course can be done through self-paced mode, contact us at info@psychologyonline.in

- For course details and commencement dates [Text or Wats App](#) the Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in, for example, 088 SPACE xyz@gmail.com to 09790088002

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Learning Kit

- Complete Manual for each module
- E-books wherever required
- Charts and other learning aids (as required)
- Cases and Vignettes for better practice
- Videos (as required)
- 24 X 7 Guide support through email

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Trainer's Support

- 24 X 7 Guide support through email
- Audio and video support as and when required
- Flexible timings as per students' needs
- Home based activity at the end of each session for practical learning
- Additional reference documents (on request)
- Sessions through Skype for discussion and clarification (on request)
- Additional support through chat during the course period
- Career support after course completion

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Course Syllabus

Total 24 Credits

Study Time – 15 days per credit

Main Modules – 9 Credits

PYIR1101 -	Industrial Psychology	3 Credits
PYIR1102 -	Mental Health Disorders	3 Credits
PSYC0100 -	Pragmatism and Dissertation	3 Credits

Optional Modules – Select 15 Credits (not more than nine modules)

Module	Credits	Module	Credits
PYIR1103- Counselling Process	2	PYIR1112 –Employee Work Performance Assessment	2
PYIR1104- Motivational Interviewing	2	PYIR1113- Bullying and Emotional Abuse at work place	2
PYIR1105 – Coaching, Mentoring and Guiding Work Force	2	PYIR1114- Psychology of Motivation – Motivating Workforce	2
PYIR1106 - Managing Negative and Counterproductive behaviours	1	PYIR1115 - Employee Training and Soft Skill development	2
PYIR1107- Psychology of Emotions	1	PYIR1116-Health psychology	2
PYIR1108- Stress Management	2	PYIR1117 - Work Place Violence and Mental Illness	2
PYIR1109 –Emotional Intelligence	2	PYIR1118- Organizational Behaviour	2
PYIR1110 - Identify, Prevent and Manage Negative Behavior at Work	1	PYIR1119- Psychology of Attention	2
PYIR1111 - Working Smarter	2	PYIR1120-Work Force Counselling Skills	2

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Recommended Background

10+2+3/4 or Post graduates or those who are doing their post-graduation in psychology or humanities or social work or human resource or management or teaching discipline. Learners from technical/engineering/medical/ management/training background interested in positive psychology can also apply. Those who do not have psychology background should select PYPY099 – Psychology Module (3 credits) in optional.

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Course Additional Details

- 24 X 7 Guide Support through Email and Chat
- Each module has reference materials in the form of eBooks, manuals, PPTs and charts
- Each module has its own activity and some pragmatic assignments for better understanding.
- Cases and Vignettes will be provided for more hands-on training.
- Resource materials required to advance your learning are included.

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Technical Requirements

- A computer or a laptop
- A good internet connection
- Having mike, headphone facility and web camera is an added advantage but required only for a few specific courses.

Statement of Accomplishment

On completion of the course, the participant will be certified by the Institute of Holistic Mental Health. The participant will receive a certificate, grade sheet and a transcript with all the details of his/her learning pertaining to the course taken.

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Contact to register

Contact your student advisor at info@ihmh.in or info@psykology.in for more details on registration, availability of seat, payment of fee, etc.

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FAQ's

1. Will I get a certificate after completing this class?

Yes. Participants who successfully complete the course by completing all the module assignments will receive a registered certificate, grade sheet and a transcript from the Institute of Holistic Mental Health.

2. What resources will I need for this class?

You will get all the materials required for the course during the training period.

3. Will I be able to work after completing this course?

Yes, of course.

4. Can I pay the fee in instalments?

Please note that there is no option to pay in instalments.

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5. When should I register?

Registrations are accepted on a 'first come first served' basis, and the registration process will be closed once all places on the course are taken. You are advised to register early to avoid disappointment. Contact 09600800020 through text or Wats app.

6. What is IHMH's cancellation policy?

You may make a substitution without charge at any time before the start of the course, but all cancellations must be confirmed in writing. If your cancellation is received more than three weeks before the commencement of the course, you will be eligible for a full refund. If your cancellation is received in the three-week period before the course starts, 25% of the course fee will be retained and after the start of the course, 50% of the course fee will be retained and if you cancel after eight weeks, the course fee is entirely non-refundable. If written notification is not received and you do not attend the course, the full course fee will be retained as a cancellation charge.

7. What materials will I be provided with?

A full course pack together with supplementary materials will be provided at the first session of each module through email.

8. For whom IHMH courses will suit?

The course is designed to benefit professional participants who are or will be leaders in their fields. This includes psychologists, counsellors, social workers, special educationists, academicians, human resource professionals, teachers, management executives and NGO representatives. Interested members of the public who want to improve their knowledge of mental health are also welcome to do a few courses provided they fulfil the course eligibility requirements. A university degree will normally be required as a condition of acceptance on the course. Go through each course page carefully as the requirements, course objective and target learners may differ from one course to another (check the *course page* above).

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9. Why choose our courses?

- Delivers a comprehensive understanding of internationally recognised mental health practices and standards
- Explains how therapeutics work and shows how they can be applied in practice
- Offers access to leading course materials and course techniques
- Provides a coherent account of international practices
- Shows the relevance of international mental health practices to domestic practice
- Improves critical awareness of key issues in contemporary mental health issues
- Provides you with the current practices in specific speciality

