

Course Name	–	<u>ADVANCE CERTIFICATE IN PSYCHOTHERAPY</u>
Course Duration	–	24 months / Two years / 18 modules – Course No 63
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted
Course Structure	–	18 Modules / 24 months <ul style="list-style-type: none"> • Part A – 6 modules / 60 days of learning per module • Part B – 12 modules/ 30 days of learning per module
Eligibility	–	10+2+ 3 Years or 10+2+ 3 Years + 2 Years with Psychology – Compulsory

PART A – 60 DAYS OF LEARNING / MODULE – SIX MODULES (TWELVE MONTHS)

APTY01 – ABNORMAL PSYCHOLOGY	Deeper Understanding of Mental Health Issues
APTY02 – COUNSELLING PROCESS	Therapeutic process knowledge
APTY03 – COUNSELLING SKILLS	Therapeutic skills required for counselling and psychotherapy
APTY10 – PSYCHOTHERAPY	Learning about the science and theories behind various psychotherapies
APTY11 – PSYCHOTHERAPY TECHNIQUES A	Widely used ready to use Psychotherapy Techniques
APTY12 – PSYCHOTHERAPY TECHNIQUES B	Advanced and most popular Psychotherapy techniques

PART B – 30 DAYS OF LEARNING /MODULE – TWELVE MODULES (TWELVE MONTHS)

APTY04 – COGNITIVE BEHAVIOUR THERAPY	APTY08 – ACCEPTANCE & COMMITMENT THERAPY	APTY15 – CHILD AND ADOLESCENT ISSUES (CASE WORK)
APTY05 – FAMILY THERAPY	APTY09 – EMOTION FOCUSED THERAPY	APTY16 – FAMILY, MARITAL AND COUPLE COUNSELLING (CASE WORK)
APTY06 – SOLUTION FOCUSED BRIEF THERAPY	APTY13 – THERAPY RECORDS & PRACTICE DOCUMENTATION	APTY17 – CAREER COUNSELLING (CASE WORK)
APTY07 – DIALECTICAL BEHAVIOUR THERAPY	APTY14 – WORK LIFE MENTAL HEALTH ISSUES (CARE WORK)	APTY18 – COUNSELLING FOR SELF-EMPOWERMENT (CASE WORK)
Course Fee	Learners from India	Learners from other countries
Life Member of IHMH	Rs. 22, 300	\$600
Others	Rs. 24, 800	\$660

For Admissions - To Know about Course details and Commencement dates Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@ihmh.in / info@ihmh.co

For other course details and course FAQ's visit relevant course page at our website
www.imh.in – www.psychologyonline.in