

Course Name	–	<u>CERTIFICATE IN COGNITIVE BEHAVIOURAL THERAPY</u>
Course Duration	–	6 months / SELF-PACED / 12 modules – Course No 47
Course Mode	–	Online / Downloadable & Reusable Materials / Guide Assisted
Course Structure	–	12 Modules / SELF - PACED / 15 days learning time for each module
Eligibility	–	10+2+ 3 Years or 10+2+ 3 Years + 2 Years

15 DAYS OF LEARNING / MODULE - TWELVE MODULES (SIX MONTHS)

Module 1 – Fifteen days of learning time	CCBT01 – COUNSELLING PROCESS	
Module 2 – Fifteen days of learning time	CCBT02 – COGNITIVE BEHAVIOURAL THERAPY	
Module 3 – Fifteen days of learning time	CCBT03 – COGNITIVE BEHAVIOURAL THERAPY TECHNIQUES -1	
Module 4 – Fifteen days of learning time	CCBT04 – COGNITIVE BEHAVIOURAL THERAPY TECHNIQUES -2	
Module 5 – Fifteen days of learning time	CCBT05 – COGNITIVE BEHAVIOURAL THERAPY TECHNIQUES -3	
Module 6 – Fifteen days of learning time	CCBT06 – CBT GROUP THERAPY TECHNIQUES	
Module 7 – Fifteen days of learning time	CCBT07 – WORKING WITH CHILD ISSUES (CASE APPROACH)	
Module 8 – Fifteen days of learning time	CCBT08 – WORKING WITH FAMILY ISSUES – II (CASE APPROACH)	
Module 9 – Fifteen days of learning time	CCBT09 – WORKING WITH COUPLE ISSUES (CASE APPROACH)	
Module 10 – Fifteen days of learning time	CCBT10 – WORKING WITH WORKPLACE ISSUES (CASE APPROACH)	
Module 11 – Fifteen days of learning time	CCBT11 – CASE FORMULATION AND REPORTING	
Module 12 – Fifteen days of learning time	CCBT12 – WORKING WITH DIFFICULT CLIENTS (CASE APPROACH)	
Course Fee	Learners from India	Learners from other countries
Life Member of IHMH	Rs. 9,300	\$360
Others	Rs. 10,800	\$400

For Admissions - To Know about Course details and Commencement dates Text or WhatsApp Course No and Your Email ID to 0091 979 00 88 002 or email us at info@imh.in / info@imh.co

For other course details and course FAQ's visit relevant course page at our website

www.imh.in – www.psychologyonline.in